# **Financial Support**

# INFORM Infection: Orthopaedic Management

#### **UK Bill Help**

Offering assistance in your local area with:

- Housing
- Food
- Utilities

- Grants
- Debt
- Taxes

https://www.billhelp.uk/

#### **Christians Against Poverty**

Offering local services, searchable by postcode; open to all. Services include:

Debt Advice

Life Skills

Job Clubs

Fresh Start

https://capuk.org/

Telephone: 01274 760720

Email: info@capuk.org

### **Citizens Advice**

They offer support to those who are dealing with money issues. This includes helping them to deal with debt problems and for getting their finances back in shape.

https://www.citizensadvice.org.uk/

Telephone: Adviceline (England) 0800 144 8848; Advicelink (Wales): 0800 702 2020

#### **Mental Health and Money Advice**

Give clear, practical advice and support for people experiencing issues with mental health and money.

https://www.mentalhealthandmoneyadvice.org/en/

# **MoneyHelper**

Advice on a range of money matters, including pensions, as well as tools and calculators to help.

https://www.moneyhelper.org.uk/en

Telephone: 0800 138 7777

# **StepChange**

Provide free, confidential advice and support to anyone worried about debt.

https://www.stepchange.org/

Telephone: 0800 138 1111

# **National Debtline**

Provide free, independent and confidential advice about debt. You can contact them over the telephone, by e-mail or letter.

https://www.nationaldebtline.org/

Telephone: 0808 808 4000.

# Turn2us

A national charity that helps people in financial hardship gain access to welfare benefits, charitable grants and support services.

https://www.turn2us.org.uk/

Telephone: 0808 802 2000

Email: info@turn2us.org.uk

#### **Money Advice Service**

The Money Advice Service is a free, impartial advice service set up by the government. The service offers guidance across a wide range of money matters.

https://www.moneyhelper.org.uk/en?source=mas

Telephone: 0800 138 7777